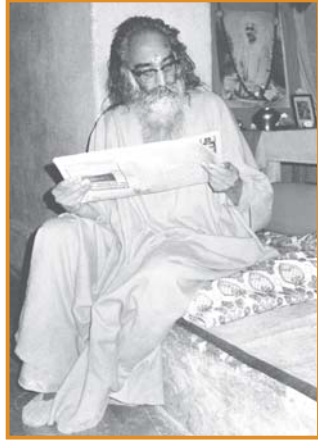


AUM SREE CHINMAYA SADGURAVE NAMAH



Attachment

Sense of attachment springs in us when the ego feels incomplete, and when, in its illusion, it hopes to become full & complete by the acquisition, possession and enjoyment of objects which it perceives outside itself.

Gurudev Swami Chinmayananda

The world-of-objects is endless! The egocentric being lives in the world-of-emotions; barely having control over the world-of-thoughts! Work hard to save yourself from the whirlpool of these three worlds.

Maa Purnananda



.....vande Guru Paramparam

With the Grace of Sree Ishwara & blessings of Param Gurudev Swami Tapovan ji Maharaj, SISS celebrated the 5th Maha Abhishekam of Sree Ishwara with great enthusiasm. The ceremony at Ishwara Darshan Temple began early in the morning at 6.00 am on 6th November with the *Homam* performed by the Trustee Sri Manish Sharma along with a good number of enthusiastic seekers. Pt. Bhimsen Bhat and his 4-member team conducted all the related rituals efficiently, as per the Vedic injunctions.

The seekers from outstations had already come over by 5th evening for their comfortable and exuberating spiritual experience of staying in this Holy Abode; of course, some of them had landed as early as the 2nd and so on to derive maximum benefit.

By 9.30 am, as the sun came up, the beautifully arranged *Shamiana*, erected specially for the Foundation Laying *Puja*, started to get filled with more people coming in. Sharp at 10.00 am, SISS premises reverberated with the *Purna Kumbh* chants by the assembly of well-trained disciples and devotees. Soon after, the *Paduka Puja* of Param Gurudev began. Smt Deepika Jindal, another Trustee, joined Sri Manish Sharma for performing this very important *Puja* which was to mark the Foundation-laying of Sree Tapovan Upasana Sabhagar. Smt Mythili Muralidharan offered a melodious *bhajan* as *Rajopachaar* and the *Puja* concluded beautifully with *Shanti Paath*. Smt Shikha Tulshan then invited Sri Manish Sharma to share his thoughts, after which, Manish ji requested the special guest of the day Smt Savitri Jindal, Chairperson Emeritus, Jindal Group, to speak about her experiences as a person of professional and political career, having a blend of spirituality. In her speech Smt Savitri ji appreciated the noble philanthropic work of SISS and the associates. Also, she emphasized on the importance of the teachings of

Sreemad Bhagawad Geeta to mold human life, in the best way. Thereafter, Smt Neerja Jhunjhunuwala, owner S.Chand Group, was invited to join Smt Savitri ji, to release the Souvenir 'Shraddhastambh'. The Souvenir not only contains prestigious messages of very important dignitaries of our country, and interesting articles of the devotees and SISS-associates, but also is perfectly designed, complete with innumerable interesting photographs taken at different parts of the world during SISS programs. All put together, it is truly a worthy 'souvenir' from SISS for everyone.

The ceremony concluded with my address in which the thought of 'oneness' was given on the basis of Ishavasya Upanishad. It was also explained that such congregations should take place more often, where the focal-point of discussions and discourses is always the Divine, so that human values such as honesty, harmony and peace can be promoted in the society in a big way.

Thereafter, very systematically, all proceeded to the temple to offer Maha Abhishekam to Sree Ishwara to their thorough satisfaction. The day's celebrations, in the pious environment of SISS, concluded joyously with delicious Mahaprasad that everyone relished at Annapurna Kshetra. The team that worked hard for over 2 months for the D-day & connected activities deserves all the blessings of Sree Guru Parampara.

Early, the next morning at 6.00 am, the sincere seekers assembled for the 3-day Spiritual Retreat based on Sree Tapovan Shatkam. Morning Vedic chants and meditation and sessions on the Text, interspersed with other spiritual activities, once again left the fortunate participants more fulfilled, as always. Everyone is keenly looking forward to many more such Spiritually charged days in their life. Join us for the next earliest such an opportunity!

Maa Purnananda

Maa Purnanandaji's Programmes in December 2014

2nd December Sree Geeta Jayanti & Sree Tapovan Jayanti - Sreemad Bhagawad Geeta Paath at SISS, B-17, Sector 62, Institutional Area, Noida (11.00 a.m. to 2.00 p.m.)

7th & 21st December Bhagawad Geeta in Daily Life - Ch. 3 at SISS, B-17, Institutional Area Sector 62, Noida (3.00 p.m. to 5.00 p.m.)

11th December Talk on Sree Ram Charit Manas (in Hindi) at the residence of Smt Nirmala Gupta, 'Panchwati' Okhla Mor, Opp. Surya Crown Plaza, New Delhi (11.30 a.m. to 1.00 p.m.)

11th to 14th December Prakarana Granth Adhyayan-Vivekachudamani (in English) at S-119, Panch Shila Park, New Delhi (7.30 a.m. to 8.45 a.m.)

1st January 2015 Welcoming the New Year with Sree Vishnu Sahastranaama Homam at SISS, B-17, Sector 62, Institutional Area, Noida (11.30 a.m. to 1.30 p.m.)

6th November 2014 - Some Glimpses . . .



Trustees Smt Deepikka Jndal & Sri Manish Sharma performing the Foundation Laying Puja



Release of the souvenir 'Shraddhastambh' by Smt Neerja Jhunjhunuwala, Smt Savitri Jindal & H H Maa Purnananda ji

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श्री गुरुवाणी

...पूर्वाङ्क से

निदिध्यासन अर्थात् गम्भीर चिंतन करने का क्रम यहाँ दिया जा रहा है। मैं सभी प्रकाशों का स्रोत हूँ। मुझे जानने के लिए दूसरे प्रकाश की आवश्यकता नहीं पड़ती। मैं स्वप्रकाशमान हूँ। मैं अजन्मा हूँ अर्थात् मेरा प्रारम्भ ही नहीं हुआ है। मैं अद्वय हूँ अर्थात् मुझमें कोई भी भेद नहीं होते। छान्दोग्य उपनिषद् यही बात बताता है।

सूर्य की तरह चेतना के प्रकाश से मैं सदैव चमकता रहता हूँ। चेतना के प्रकाश का कभी अभाव नहीं होता। जब उसके आसपास प्रकाशित होने वाली कोई वस्तु नहीं होती - जैसे गाढ़ी निद्रा या बेहोशी में होती है - तब वह चेतना सभी वस्तुओं के अभाव को प्रकाशित करती रहती है। मैं सदा निरवद्य हूँ। मेरी चेतना को कुछ भी आवृत्त नहीं कर सकता। मेरे मन में किसी भी कारण से विक्षेप उत्पन्न नहीं हो सकता। ये दोनों मायाजन्य हैं। मैं मायातीत हूँ।

मैं अजन्मा हूँ - अखण्ड आनन्दस्वरूप हूँ। मैं कोई क्रिया नहीं करता अर्थात् सदैव अपरिवर्तनीय एक जैसा हूँ। कर्म सदैव अज्ञान के कारण ही होते हैं तथा उनके पीछे राग-द्वेष रह कर प्रेरणा देते हैं। चूँकि मैं विषयहीन चेतना का शुद्ध घनत्व हूँ सभी नाम रूपों का व्यापक आधार हूँ मुझमें कोई क्रिया नहीं है।

यह विशेष रूप से ध्यान के लिए है। यहाँ दस संकेत हैं जिनके द्वारा मननशील साधक अपना पूरा ध्यान केन्द्रित कर सकता है। यह दसों संकेत भिन्न-भिन्न दृष्टिकोणों से उसी एक - सब जीवनों का एकमात्र तत्त्व आत्मा की ओर संकेत करते हैं।

स्वामी चिन्मयानन्द

सुभाषित

सर्वेषामेव शौचानाम् अर्थशौचं परं स्मृतम् ।

योऽर्थशुचिः स शुचिः न मृदारिशुचिः शुचिः ॥

(मनुस्मृति)

सब पवित्रताओं में धनसंबंधी प्रमाणिक-व्यवहार की पवित्रता श्रेष्ठ है। जो धनव्यवहार में पवित्र-इमानदार रहे वही पवित्र है, मिट्टी रगड़ने से या पानी डालने से भला, पवित्रता नहीं आती ।

सत्यव्रत

SATYAVRAT

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यतो धर्मस्ततो जयः

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